



**October 1, 2025
COBRA MONTHLY RATES**

**Qualified Beneficiary Premiums for
Social Security Disability Extension
(150% of the Full Monthly Premium)**

BENEFIT AND CARRIER	Single Premium	Two-Party Premium	Family Premium
MEDICAL			
Blue Cross Blue Shield New Mexico			
High Option	\$1,673.96	\$3,183.48	\$4,251.93
Low Option	\$1,160.58	\$2,207.26	\$2,948.20
EPO Option - (Exclusive Provider Organization)	\$1,506.49	\$2,865.08	\$3,826.66
* EPO PLAN OPTION ENDING 12/31/2025			
Presbyterian			
High Option	\$1,353.64	\$2,842.45	\$3,790.24
Low Option	\$938.65	\$1,970.85	\$2,627.95
DENTAL			
Blue Cross Blue Shield Dental			
High Option	\$43.27	\$82.37	\$129.42
Low Option	\$21.68	\$41.25	\$64.71
Delta Dental			
High Option	\$43.77	\$83.30	\$130.88
Low Option	\$21.93	\$41.71	\$65.46
United Concordia			
High Option	\$49.17	\$93.57	\$147.01
Low Option	\$24.62	\$46.86	\$73.54
VISION			
Davis Vision Plan	\$9.69	\$16.20	\$21.84

* EPO Plan – A managed care plan where services are covered only if you go to providers (doctors, specialists, hospitals, etc.) in the plan's network (except in an emergency).

9.95% increase on High, Low and EPO medical options

4% increase with varying Plan schedule on Basic and Comprehensive Dental